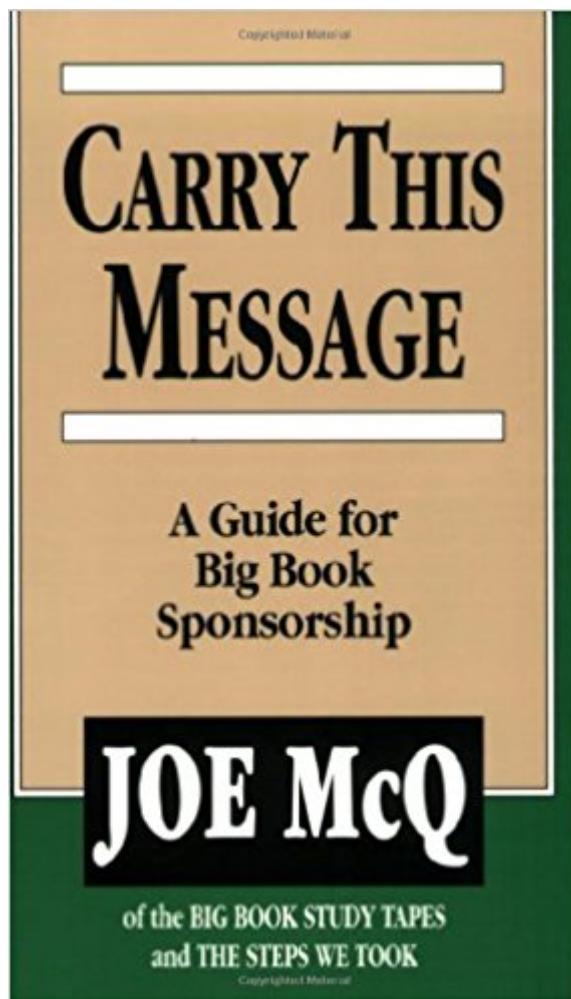


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# Carry This Message



## Synopsis

As an internationally respected teacher and lecturer on the Twelve Step method introduced by Alcoholics Anonymous, Joe McQ knows that sponsorship is a key construct for the success of the program because it involves moving a person through the Twelve Step process to recovery. In the early days of AA, sponsors would come to the alcoholic's home and talk him through Steps 1 and 2, and when they were thoroughly convinced he was ready, they would start him on the program. Step 12 is the foundation of sponsorships: "Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, to practice these principles in all our affairs." Carry This Message addresses McQ's concern that sponsors have lost some skills in working with alcoholics. AA sponsors need to refocus on the Big Book, on the Twelve Steps, and on their message, urges McQ, to recognize the value of the program and to return to its roots and essence. Directed to sponsors, this is a companion book to *The Steps We Took*, offering tools for helping others find recovery and new life through the Twelve Step program.

## Book Information

Paperback: 192 pages

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Average Customer Review: 4.8 out of 5 stars 78 customer reviews

Best Sellers Rank: #76,821 in Books (See Top 100 in Books) #90 in Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs #146 in Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism #259 in Books > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse

## Customer Reviews

As a recovered alcoholic, one who works with others on their path to recovery, this book is a valuable tool.

guess some found it helpful, so I heard before ordering it, read w/ opened mind, however found it wordy and w/o substance..... however the 7th chapter in the BOOK is much better for getting and

keeping the attention of the 'real mc coy' and much more solution driven!

Very helpful learning in this book! Great author and writer; explains life and how to live life to the fullest!

A wonderful "how-to" for becoming an incredible 12-step sponsor.

Well written

In my community the Overeaters Anonymous is not that big. To find a sponsor is very difficult. Most of the time I have to do the 12 steps by myself. This book can help you to sponsor yourself if you don't have an option of finding a sponsor and to help you to sponsor others.

I've purchased 15 copies at least. The best work on sponsoring I've found. I give each guy a copy when we're done so that they can carry the message effectively.

Perfect guide for sponsors. Blow by blow detailed guidelines. Must read

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